

PERSONAL DATA:

Name: Shaimaa Hassan Mohamady Ayoub.

Date of Birth: 30 of May, 1974.

Marital Status: Married.

Number of Children: Three.

Nationality: Egyptian.

Religion: Moslem.

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Current position: Assistant Professor of Maternal and Newborn Health Nursing, Acting Director of Technical Institute of Nursing - Faculty of Nursing, Helwan University

EDUCATIONAL QUALIFICATIONS:

- 1997 : B.N.Sc. Bachelor of Nursing Sciences, Faculty of Nursing, Zagzig University.
- 1998: Internship Training Year.
- 2008: M.N.S. Master Degree in Nursing Sciences, Faculty of Nursing, Banha University. Thesis title "Assessment the Quality of Nursing performance in antenatal period at Benha University Hospital ".

- 2012: Ph. D. Doctoral Degree in Nursing Sciences, Faculty of Nursing, Banha University. Thesis title "Effect of Natural Pain Relieve Measures on Labor Outcomes".

ACADEMIC POSITIONS:

- Assistant Professor of Maternal and Newborn Health Nursing, **Acting Director of Technical Institute of Nursing** - Faculty of Nursing, Helwan- University. 2020 till now.
- Assistant Professor of Maternal and Newborn Health Nursing, **Acting Head of Maternal and Newborn Health Nursing** - Faculty of Nursing, Helwan University, 2019 -2020.
- Assistant Professor of Maternal and Newborn Health Nursing, **Director of Quality Assurance and Accreditation Unit, Faculty of Nursing -Helwan University**, 2017-2019.
- Lecturer in Maternity and Newborn Health Nursing, **Vice Director, Quality Assurance and Accreditation Unite** and Faculty of Nursing, Helwan University, from 2014- 2019.
- Lecturer in Maternity and Newborn Health Nursing, Faculty of Nursing, Helwan University, from 2012- 2017
- Assistant lecturer in Maternity and Newborn Health Nursing, Faculty of Nursing, Helwan University, 2010 – 2012.
- 1999 – 2010 Demonstrator in Maternity and Newborn Health Nursing, Technical Institute of Nursing, Banha University.

RESEARCHES PUBLICATIONS:

1. The Effect of Sugar Free Chewing Gums on Recovery of Bowel Function After Elective Cesarean Delivery.
2. The Effect of Sexual Health Education on Sexual Beliefs, Behaviors and Function for Pregnant Women.
3. Effect of Different Maternal Positions during Non-Stress Test on Maternofetal Physiological Parameters.

4. Application of PLISSIT Counseling Model for Women with cervical Cancer Undergoing Treatment on enhancing Sexuality.
5. Effect of Vaginal Examination Frequency Practice during Normal Childbirth on Psychophysical Condition of Women.
5. Protocol for Improving Nursing Performance towards Placental Examination at Labor Units.
6. Assessing the Effect of Oral versus Intravenous on Progress of Labor and Fetal Outcomes.
7. Effect of Application of Health Belief Model on females' Knowledge and Practice regarding the premarital counselling.
8. Efficacy of Self Instructional Guide on Knowledge and Practices Regarding Care of Pre-Eclampsia Women among Staff Nurses.
9. Implementing Nursing Management Protocol Regarding Early Recognition of Maternal Sepsis.
10. Nursing Intervention toward Dissemination of Pap Smear Practicing for Prevention and Early detection of Cervical Cancer.
11. Implementing Immediate Intervention Protocol for Improving Maternity Nurse's Performance regarding Obstetric Emergencies.
12. Effects of Intrapartum Labor Support on Birth outcomes.
13. Assess the Urinary Incontinence's Risk Factors among Pregnant Women.

Participated in the following Training Courses:

- Participated by attendance Training Course about " **Strategic planning for higher education institutions** " in The National Authority to ensure the quality of education and accreditation on 1st – 2nd June 2014
- Participated by attendance Training Course about " **Programs and maps of the curriculum for higher education institutions characterization** " in National Authority to ensure the quality of education and accreditation on 17th – 19th March 2015
- Participated by attendance Training Course about " **Self-evaluation of higher education institutions** " in National Authority to ensure the quality of education and accreditation on 5th – 7th May 2015

- Participated by attendance Training Course about " **Activating the role of the Crisis Unit and disasters in institutions of higher education**" in The capacity of faculty members and leadership development center Quality Assurance Center– Helwan University on 3rd – 4th June 2015.

Activities for Quality:

- **Vice Director of Quality Assurance and Accreditation Unit, Nursing Faculty -Helwan University**
- **Director of Quality Assurance and Accreditation Unit, Nursing Faculty -Helwan University.**

Activities:

- Member of post graduates and research committee, Faculty of Nursing Helwan University 2019/2020
- Member of education and student affairs committee, , Faculty of Nursing Helwan University 2019/2020
- Director of simulation training, evaluation and debriefing lab project, Maternal and Newborn Health nursing department, faculty of nursing, Helwan university, 2020- 2021
- Coordinator of scientific research standard
- Member of training and advertising committee
- Quality coordinator in the scientific department
- Active participation of undergraduates work control, post graduate nursing student.
 - Member of measurement & assessment committee Project for assess faculties quality of exams at higher Ministry of education” PMU” , Egypt since 2019.