



Nahla Abdallah Abd El-Tawab

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Education

- Doctorate Degree of psychiatric and mental health nursing, Faculty of Nursing, Helwan University, Cairo, Egypt.
- Master Degree of psychiatric and mental health nursing, Faculty of Nursing, Helwan University, Cairo, Egypt.
- Bachelor Degree, Faculty of Nursing, Helwan University, Cairo, Egypt,

Experience

- Working as a lecturer in psychiatric and mental health Nursing Department, Faculty of Nursing, Helwan University.
- Working as an assistant lecturer in psychiatric and mental health Nursing Department, Faculty of Nursing, Helwan University.
- Working as clinical instructor at Helwan University.

Extracurricular Activities

- Attended Workshop: "Together Toward a Better Mental Health" 8-3-2022
- Attended The 2nd student conference 2022 Faculty of Nursing- Helwan University "Engaging Minds Empowering Students for Making Excellence and Creative Pinnacle" 27-3-2022
- Attended The 9th International Scientific Nursing Conference 2017 of Faculty of Nursing- Helwan University "Paving the way toward forward thinking in nursing profession" 23-24/4/2017
- Attended The 8th International Conference of Faculty of Nursing- Helwan University " Discovering New Nursing Avenues in Patient Safety, Occupational and Environmental Health" 27-28/3/2016

Personal Skills

- Presentation skills.
- Excellent public speaking skills.
- Excellent communication skills.
- Excellent leadership skills.
- Having the ability to work in team efficiently.

Computer Skills

- Having the International License For Driving Computer (ICDL)
- Digital transformation cycle

Languages

- **Arabic:** The Mother Tongue **English:** Excellent in reading, writing, and conversation.