

Nadia Abd-Elhamed Eltohamy

**Assistant Professor of Maternal & Newborn Health Nursing
Faculty of Nursing – Helwan University**



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Nationality

Egyptian

D.O.B. 1978

Competencies

- Has positive expectations of students
- Attends to learners' concerns
- Values the learning process
- Works to establish mutuality and rapport
- Actively seeks information about learners
- Establishes a collaborative learning environment
- Reflects on teaching practice to extend knowledge and skills
- Establishes goals for professional development

Professional Summary

An accomplished academic and researcher specializing in maternal and newborn health nursing, with a strong background in teaching, clinical training, and research. With a passion for advancing nursing education. As well as healthcare professional with extensive experience in maternal and newborn health nursing, education, and clinical practice. Skilled in curriculum development, research, and student mentorship, with a strong commitment to improving maternal and neonatal outcomes through evidence-based practice and interdisciplinary collaboration. Actively engaged in academic leadership, community service, and continuous professional development.

Work History

2016 to
Present

Associate Professor of Women's Health Nursing

Fakeeh College for Medical Science, Jeddah, Saudi Arabia

- Director of MSCs of Women's Health Nursing Program /FCMS
- Designs and responsible for the content of specific areas of teaching and learning within the undergraduates and postgraduates' programs at FCMS.
- Manager of Extracurricular Activity Unit /FCMS

Computer Skills

Microsoft Office – Smart Boards
– Google Classroom –Google Suite –E-learning platforms creation and managing-Black Board platforms – People soft-Speed well system

Languages

Arabic

English

French

- Ensures student feedback on teaching and clinical training on Bb.
- College supervisor of interns in DSFH in Maternity Units
- Year Coordinator of Year 3
- Member of taskforce of simulation lab in Fakeeh college for medical science
- Supervises undergraduate student projects and research Supports and complies with the College and departmental teaching Quality and Accreditation Unit standards and procedure including the provision of information as required by the College.
- Develops and apply updated and appropriate teaching strategies and materials which create interests among the students.
- Attends Institutional and departmental meetings and participate in committees and working groups.
- Makes a full active research contribution, both individually and in collaboration with others, with the highest possible rating in the research excellence

Taught the following:

- Advanced Women's Health Nursing
- Advanced Research Methods
- Nursing Theory
- Advanced Women's Health Nursing Practicum
- Seminar
- Nursing Education and Leadership
- Women's Health Nursing
- Child Health Nursing
- Psychology
- Nursing Research
- Fundamentals of Nursing II
- Communication and Interpersonal Relationship
- Teaching and Learning strategies
- Ethical Issues in Nursing
- Evidence Based Practices

2011-2016

Assistant Professor of Maternal and Newborn Health Nursing

Faculty of Nursing, Helwan University, Egypt

- Gives lectures, tutorials, and other classes as appropriate.
- Supervises student's assignments and project work.
- Provides support for students on fieldwork or clinical training.
- College supervisor of interns in Ain shams Hospitals- Units-Alsheikh Zayd Hospital in Maternity Units.
- Attend Institutional and departmental meetings and participate in committees and working groups.
- Makes a full active research contribution, both individually and in collaboration with others, with the highest possible rating in the research excellence.

Taught the following:

- **Maternal and Newborn Health Nursing**
- **Woman's Psychology**
- **Communication and Interpersonal Relationship**

2001-2010

Clinical Instructor and assistant Lecturer of Maternal and Newborn Health Nursing

Technical Institute of Nursing, Banha University, Egypt

Taught the following:

- Gives lectures, tutorials, and other classes as appropriate
- Training and supervising students on fieldwork or clinical training.

Education

2021-2022	Promotion of Assistant Professor of Maternal and Newborn Health Nursing
2011-2012	Doctor of Philosophy -Maternal and Newborn Health Nursing <i>Faculty of Nursing -Banha University -Egypt</i>
2007-2008	Master's degree in nursing science <i>Faculty of Nursing -Banha University -Egypt</i>
1999-2000	Bachelor's Degree of Nursing <i>Faculty of Nursing -Banha University -Egypt</i>

Professional Development

2019	Guidelines for PowerPoint presentation in FCMS <i>FCMS, Jeddah, KSA</i>
2019	6th Workshop "Closing the Loop in Assessment" <i>FCMS, Jeddah, KSA</i>
2019	Proper Writing of Course Report & Course Specification <i>FCMS, Jeddah, KSA</i>
2019	Breast Cancer Awareness <i>FCMS, Jeddah, KSA</i>
2019	Advanced methods in clinical teaching and evaluation <i>FCMS, Jeddah, KSA</i>
2020	Simulation in Healthcare Education <i>FCMS, Jeddah, KSA</i>
2020	Application of Quality Concepts in the Education Process <i>FCMS, Jeddah, KSA</i>
2020	Approach to Inferential Statistics <i>FCMS, Jeddah, KSA</i>
2020	Advanced Methods in Clinical Nursing Teaching <i>FCMS, Jeddah, KSA</i>
2021	<i>Effective clinical teaching and competences</i>
2022	<i>Online assessment</i>

Publications

Research Publications .A						
Title	Year	Journal		Impact Factor	No. of citations	IBSN/ISSN No.
		Vol.	Page			
Glucose Monitoring and Nursing Management for Hypoglycemic Term Healthy Breastfeed Neonates	2014	5 (3)				1687-9546 EJHC
Strengthening the Professional Competency of FCMS Nursing Graduates Through Enhanced Internship Year Plan: Crafting the Transitional Competency Enrichment Framework	2018	6 (3)	94-99		1	2328-1227 JAAR
Empowerment of Self-Care Management Among Women Using Vaginal Pessaries on Vaginal Symptoms and Quality of Life	2019	10 (1)	316-339			1687-9546 EJHC
Effectiveness of Self -Care Instructional Guideline on Maternal and Neonatal Outcomes Among Pregnant Women After Bariatric Surgery	2019	10(4)	299-317			1687-9546 EJHC
Oocyte Cryopreservation: Awareness and Perception of Infertile Couple Undergoing In-Vitro Fertilization	2020	11 (4)				1687-9546 EJHC
Predictors of Cervical Cancer Screening Based on Health Belief Model Among Saudi Females at Maternal and Child Hospital, Najran.	2020	164 (9)	31-47	0.59 Q4 ISI		00397660 [SYLWAN., ISI }
Pregnant Women's Knowledge, Attitude and Practices regarding Corona virus prevention: Health Educational Intervention	2020	11 (4)				1687-9546 EJHC
Postnatal Exercises: Perceived Barriers and Self-Efficacy among Women at Maternal and Children Hospital at Najran, Kingdom of Saudi Arabia	Decembe r 2020	24(4)	164-172	0.33 Q3		1118-4841 African Journal of Reproductive Health
Accuracy of Purple Line to Monitor Labour Progress: Longitudinal Study	2021	12(1)	30-44			1687-9546 EJHC
Multiple exposure to High Fidelity Simulation and Nursing Interns 'Clinical Performance: Its Impact in Enabling Practices Readiness	2021		1876-1399	1.18 Q1		Clinical Simulation in Nursing

Nurses' Assessment of Pain in Saudi Neonatal Intensive Care Units	2024			Q1		Pain Management Nursing
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Conferences

- **2010**-The 2nd annual scientific meeting (Complementary therapy and **reproductive** health) -faculty of Nursing –Alexandria University
- **2013**-The 3rd annual scientific conference of -Faculty of Nursing – Beni-swef University (Nursing Now and Future) as organizer and participation.
- **2011 until 2015** -The annual international conference of Faculty of Nursing –Helwan University as organizer and participation.
- **2012 until 2015**-The annual international conference of Maternal and Newborn Nursing Department -Faculty of Nursing –Helwan University as organizer and presenter.
- **2021-2022**- Fakeeh Care Nursing Symposium -DSFH-Jeddah- KSA
- **2022-2023**- 2nd Fakeeh Care Annual Congress – DSFH-Jeddah -KSA
- **2023-2024**- Fakeeh Care Nursing Symposium -DSFH-Jeddah- KSA

